Malteser Traybake

400g/14oz milk chocolate

225g/8ox unsalted butter

4tbsp syrup

225g/8oz digestive biscuits, crushed

175g/6oz Maltesers

Put the chocolate, butter and syrup in a bowl and melt in the microwave – taking the bowl out regularly to stir until the mixture is smooth. Pour in the biscuits and Maltesers, then mix well.

Spread the mixture into a swiss roll tin and place in the fridge until set. Once set, remove from the tin and cut into squares.

Used with kind permission from the Braeport Memory Café at Dunblane Meeting Centre, taken from their recipe book 'Dementia Friendly Dunblane – Our favourite recipes'.

www.dementiafriendlydunblane.org